According to some estimates, 30% of all data produced is generated by the healthcare industry¹. Yet most people are still unaware of how this data is collected, who is collecting it, where it is being stored, what it is being used for, and why. As individuals, our rights to own and control our health data and our responsibilities to make this available to health planners and researchers, are not clearly defined or implemented across most countries.

¹ https://www.rbccm.com/en/gib/healthcare/episode/the_healthcare_data_explosion
EANNASO is launching the My Data Our Health campaign on health data and our ownership over it with Transform Health. We are inviting our community to join us and to take part in the public conversation on health data on the following questions:

- Who determines how our health data is collected, managed, stored and disposed of?
- What are the limits of this authority?
- How can we ensure this data is being used for public benefit purposes?
- How much access and control do and should individuals have over their health data?
- How can we ensure this ownership and control is respected and protected?

“Currently we have a system of health data extractivism where individuals hand over their data and then lose control over this most intimate information,” said Mathilde Forslund, Executive Director of Transform Health. “We need stronger regulation underpinned by ethical and human rights principles, that enshrine in law the rights and responsibilities of individuals in relation to their health data. My Data Our Health hopes to contribute to that outcome.”

“At the heart of the My Data Our Health campaign is the issue of trust in those collecting and using our health data, and ensuring it is used to keep us healthy – now and in the future.” said Allan Ragi, Executive Director of the Kenya Aids NGOs Consortium (KANCO), a campaign partner. “Effective health data governance is necessary to create trust between individuals and institutions and between institutions – for example, to facilitate the sharing of data between healthcare organisations.”

Follow EANNASO on social media Twitter, LinkedIn, Facebook, Instagram to join the conversation!

**How can you engage in the campaign?**

1. **Where’s My Data?**

   Take the Where’s My Data? campaign action to contribute to the conversation on how much control we have over our health data and digital health information.
Go to your usual health centre and ask for your electronic health records or digital health information. Film a video sharing your experiences of what happens next.

Your experiences will be shared across the world to influence advocacy and public perception. Interested? Sign up!

**SIGN UP FOR WHERE’S MY DATA?**

**2. Survey: How much do you know about your health data?**

Take a 5 min anonymous survey on your health data. Anyone can take the survey, so share it around!

**TAKE A 5 MIN SURVEY**

Head to the [campaign webpage](#) to find out more ways you can engage!

**How is EANNASO engaging in this campaign?**

As the regional body that represents Civil Societies and Community Groups across Anglophone and Lusophone countries, we know how data privacy is crucial as far as health data is concerned. It is high time that there are clear guidelines and process on how data is collected and used. This is why the week of 23rd to 28th January 2023 will be all about the #MyDataOurHealth campaign throughout our social media platforms.